



Families Make the Difference

Theory of Change

The Theory of Change at the core of Families Make the Difference is based on the premise that a 10-session training program, combined with home coaching visits and parent support groups, will equip parents with the skills and competencies fundamental to healthy child development. Evidence suggests that parents' utilization of positive interaction, communication, guidance and discipline practices will lead to improvements in child development and well-being.

The Theory of Change and its core interventions, skills and competencies are essential to, and should be included in, any parenting program. Additional interventions, skills and competencies can be added depending on context, age or other circumstances.



